

# BRIEF DIRECTORY OF SERVICES FOR ALCOHOL AND DRUG ISSUES IN THE CANAL COMMUNITIES AREA (Bluebell, Inchicore, Rialto)

*As of March 2022*

*N.B.: See individual organisations' websites for more information*

COMMUNITY-BASED ADDICTION SERVICES			
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>CANAL COMMUNITIES REGIONAL ADDICTION SERVICE (CCRAS)</b>	Oblate Hall, Tyrconnell Road, Dublin 8, D08KCH5	Paul Holdaway, Harm Reduction Coordinator <b>M:</b> 086 045 3822 <b>E:</b> paul@ccras.ie Norah Byrne, Polydrug & Alcohol Worker <b>M:</b> 086 806 0421 <b>E:</b> norah@ccras.ie <b>W:</b> www.ccras.ie	9:00 a.m. to 5:00 p.m. Monday to Friday, plus evening group and one-to-one sessions
<b>SERVICES</b> <b>One-to-one, group and outreach support for individuals who are:</b> <ul style="list-style-type: none"> <li>▶ Actively misusing substances</li> <li>▶ Drug-free or are becoming drug-free</li> <li>▶ Affected by the substance misuse of loved ones</li> </ul>		<b>Groups include:</b> <ul style="list-style-type: none"> <li>▶ SMART Recovery Group</li> <li>▶ Women's Recovery Group</li> <li>▶ Mental Health Chat Room</li> <li>▶ Alcohol Education &amp; Support Programme</li> </ul>	
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>COMMUNITY RESPONSE</b>	14 Carmans Court, Carman's Hall, Dublin 8	JM Burr (Team Lead) <b>T:</b> 01 454 9772 <b>M:</b> 083 800 1686 <b>E:</b> jm@communityresponse.ie <b>W:</b> www.communityresponse.ie	9:00 a.m. to 5:00 p.m. Monday to Friday
<b>SERVICES</b> <b>One-to-one, group, and holistic support for individuals who are:</b> <ul style="list-style-type: none"> <li>▶ Problematically using alcohol</li> <li>▶ Alcohol-free or are becoming alcohol-free</li> <li>▶ Affected by the alcohol misuse of loved ones</li> <li>▶ Affected by hepatitis C or alcohol-related liver disease</li> </ul>		<b>Groups include:</b> <ul style="list-style-type: none"> <li>▶ Change and Recovery Group</li> <li>▶ Women's Group</li> <li>▶ Alcohol Stabilisation Programme</li> <li>▶ Family / concerned person support group</li> <li>▶ Mindfulness-based relapse prevention</li> </ul>	

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>FRONTLINE MAKE CHANGE</b>	Kavanagh House, 135 Emmet Road, Inchicore, Dublin 8  Bluebell Youth & Community Centre, Bluebell Road, Dublin 12	Alison McNulty, Addiction Operations Manager <b>M:</b> 087 737 7743 <b>E:</b> alison@frontlinemc.ie <b>W:</b> www.frontlinemakechange.com	9:00am to 4:30pm Monday to Friday
<b>SERVICES</b> <b>One-to-one and group services for individuals affected by substance misuse and addiction, including:</b> <ul style="list-style-type: none"> <li>▶ Key-working</li> <li>▶ Counselling</li> <li>▶ Outreach</li> <li>▶ Art therapy</li> <li>▶ Holistic therapies</li> <li>▶ Prison Links work</li> </ul>		<b>Groups include:</b> <ul style="list-style-type: none"> <li>▶ Family Support,</li> <li>▶ Psychosocial Educational and Stabilisation Programmes</li> <li>▶ Aftercare</li> <li>▶ Drop-In Service</li> </ul> <p>Frontline also provides a Childcare Service for children of service users or families that have had major impact of addiction within the family unit.</p>	
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>RIALTO COMMUNITY DRUG TEAM (RCDT)</b>	468 South Circular Road, Rialto, Dublin 8, D08 H51F	Anne Kinsella, Administrator <b>T:</b> 01 454 0021 <b>E:</b> admin@rcdt.ie <b>W:</b> https://rialtocommunitydrugteam.wordpress.com/	Monday to Thursday 9:00 a.m. – 7:00 p.m.  Friday 9:00 a.m. – 1:00 p.m.
<b>SERVICES</b> <b>RCDT offers a compassionate, confidential, harm reduction- and trauma-informed, suite of services including:</b> <ul style="list-style-type: none"> <li>▶ Individual one-to-one Key working</li> <li>▶ Harm Reduction</li> <li>▶ Counselling for those effected by addiction</li> <li>▶ Systematic Family Therapy</li> <li>▶ Community Prison Links</li> <li>▶ Housing Support</li> <li>▶ Family Support</li> <li>▶ Specific club-drug support</li> <li>▶ Community and street outreach</li> <li>▶ Referral to treatment</li> <li>▶ Complementary Therapies</li> <li>▶ Drop-in Service</li> </ul>		<b>Groups include:</b> <ul style="list-style-type: none"> <li>▶ Alcohol Information &amp; Education Group</li> <li>▶ Mental health and wellbeing groups</li> <li>▶ Smart recovery Group</li> <li>▶ Family support/Women's' Support group</li> <li>▶ Men's Health Group</li> </ul>	

## DRUG REHABILITATION PROJECTS

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>COMMUNITY LINKS RECOVERY PROGRAMME</b> (Community Employment (CE) Scheme)	Oblate Hall Basketball Arena, Tyrconnell Road, Inchicore, Dublin 8	Margaret Lamrani, Manager <b>T:</b> 01 453 0263 <b>E:</b> info@lynksproject.ie <b>F:</b> Lynks Strength	8:00am to 5:00 p.m. Monday to Friday, plus evening activities

### SERVICES

- ▶ Recovery-focused: One to one Key-working, Therapy Groups, Check ins, Counselling, Psychotherapy, Peer-Led Groups, NA evening Fellowship, Mindfulness, Gender Groups.
- ▶ Training & Education: CDETB, QQI Certified Training, CV Preparation, One to One Career Guidance, Work Placement/Experience, Interview Techniques, College Assignment Support.
- ▶ Health & Fitness: Weekly Wellness Programme, Weekly Fitness Dance Class, Weekly Relax & Renew Class, Hill Walking, Fishing other activities as organised.
- ▶ After-Care/Social Hub: Social Evenings, Cinema Etc, Recovery Café/Open Mike Nights/Karaoke
- ▶ Dance Fitness Class
- ▶ Narcotics Anonymous (NA) Open Meeting (Wednesdays, 7.00 – 9.00 p.m.)
- ▶ Abstinent Group

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>TURAS TRAINING</b>	Unit C1 Bluebell Business Centre, Old Naas Road, Dublin 12	Tony or Trevor <b>T:</b> 01 450 5396 <b>E:</b> info@turastraining.ie <b>W:</b> www.turastraining.ie	8:00 a.m. to 4:30 p.m. Monday to Friday, plus some evenings

### SERVICES

- ▶ Day Programme up to 19.5 hour per week for person in recovery from addiction, including:
  - Key-work
  - Nationally certified educational course
  - Care Planning
  - Case Management
  - Group work
  - Outdoor education
  - Recovery
  - Holistic
- ▶ Community Employment Scheme
- ▶ Addiction Studies Level 7 (evenings)

## COMMUNITY-BASED SOCIAL PRESCRIBING SERVICE

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
<b>FATIMA GROUPS UNITED FAMILY RESOURCE CENTRE (FGU)</b>	F2 Centre, 3 Reuben Plaza, Rialto, Dublin 8	General programmes - Ann Malone <b>E:</b> ann@fgu.ie <b>F:</b> Fatima Groups United <b>W:</b> <a href="http://www.fgu.ie">www.fgu.ie</a> @groupsfatima (Twitter)	Monday to Thursday 9:00 a.m. – 9:00 p.m.  Friday 9:00 a.m. – 6:00 p.m.

Housed in a busy community centre there are a wide range of community programmes to support community connections, and emotional and physical wellbeing, for example:

► **Fatima Community Sports Hub**

**E:** deirdre@fgu.ie

► **Fatima Counselling Service**

**M:** 087 941 0734

► **D8 Social Prescribing Service**

**M:** 085 858 1307 **E:** [d8socialprescribing@fgu.ie](mailto:d8socialprescribing@fgu.ie)